

Bay School Union Free School District

Department of Health, Physical Education and Athletics

Student -Athlete Handbook

For Athletes, Parents and Spectators





Dear Parents and Student-Athletes,

Welcome to the Bay Shore School District Interscholastic Athletic Program.

Parents and student-athletes are encouraged to carefully read the entire Athletic Handbook. This handbook contains information that will be important throughout each sport season. The handbook is progressive in nature, giving parents and athletes the philosophy and expectations of our interscholastic program, beginning with the middle school program and culminating with the varsity level experience.

The handbook gives parents and athletes a complete listing of all programs offered at each level and the season of placement for each sport as it pertains to the middle school, with four sport seasons and the high school, which conducts three sport seasons.

For your convenience, please log on to the Section XI Website, currently available to the public at www.sectionxi.org. This website allows the athletic community access to high school and middle school (modified) schedules, game times, and directions to contest sites. In addition, the website posts high school varsity league and division standings, tournament brackets, seeding information and other pertinent athletic information. It is an excellent resource for all those involved in interscholastic athletics.

The website for the Physical Education, Health and Athletic Department is another source of information for you. The site location is: www.bayshoreschools.org/athletics

If you have any questions or concerns about this booklet or interscholastic athletics in general, please contact us at (631) 968-1186, ext. 5.

Sincerely,

Christopher Agostino

Interscholastic Athletics is governed by rules, regulations and guidelines as established by the _____, which is directly responsible to the _____

The opportunity to participate on a Bay Shore Athletic Team is a privilege. With every privilege comes an inherent responsibility. The Bay Shore School District has developed an interscholastic program with educational value for all students. It focuses on the development of self-esteem and individual skills, as well as fostering an atmosphere of teamwork, citizenship and sportsmanship. In addition, we believe our athletic program emphasizes discipline, leadership, respect, loyalty and cooperation. The athletic program emphasizes lifelong activities where participation by as many student-athletes as possible is a goal. This is a competitive program not a recreational program. Winning is neither the most important nor the only outcome of the program, but it is a focus especially at the varsity and junior varsity level. The District has set high goals and standards that all personnel and students are encouraged to strive to achieve, while maintaining a proper perspective on sports, school and life. It is the goal that every athlete and parent will understand what it takes to be called a Marauder and aspire to this tradition of excellence.

Interscholastic athletics in the Bay Shore School District is an outgrowth of our physical education and health programs, therefore, it is an integral part of the D provides an opportunity for our participants to learn positive life skills and values. This is accomplished through the implementation of the Educational Framework for Interscholastic Athletic Programs promoted through the New York State Education

Skill Development, Knowledge of the Game/Strategies, Fitness/Conditioning/Healthy Behaviors

Responsibility, Accountability, Dedication, Trustworthiness/Fair Play, Self-Control

Respect, Caring, Fairness

A student athlete in a quality program demonstrates citizenship through actions showing evidence of Loyalty/Commitment, Teamwork, Role Modeling

The Bay Shore interscholastic athletic program offers a wide variety of individual and team sports. The experience begins with a middle school (modified) four-sport season program, provided for seventh and eighth grade students. This program progresses to a three-sport season high school program, which includes opportunities for participation in junior varsity programs and culminates with a varsity level experience for the accomplished student athlete.

experience provided for the skilled and proficient student athlete and is the most demanding and competitive of all programs. Prior participation in the program, however, does not guarantee an athlete a spot on the roster, even if the athlete was a member of the varsity team the preceding year.

It is vital that each athlete understand and accept the role he/she plays in achieving team goals and success.

Athletes will be expected to practice two to three hours per day, six days per week,
Every athlete involved on

for an Athletic Scholarship. As this may be the beliefs of some families and club coaches, our experiences are different at Bay Shore. Many of our athletes who have secured Athletic Scholarships have been multi-sport participants, thus becoming a well-rounded athlete.

- Notification of any schedule conflicts in advance.
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- Prompt reporting of injuries.

Communication between a parent and a coach is extremely important. Choosing the appropriate time to have a discussion with the coach must be considered.

While it is very difficult to accept your child not playing as much as you desire, coaches are professionals. They make judgment decisions based on what they believe to be in the best interest of the team and for all student-athletes involved. Certain things can and should be disc

responsibilities at this time, as they are responsible for the supervision and safety of all student-athletes involved in the program, before, during and after an activity.

Most of our teams will practice immediately after school with a few exceptions in the winter and on rainy days when facilities are being shared to accommodate all teams.

Middle School teams are limited to two hours per day. At the High School level, practices will run six days a week including vacations. At the Middle School level, practices will run five to six days a week including vacations. Many of the High School teams will have games/contests on Saturdays and possibly over school vacation times. At the Middle School level, there is the possibility of Saturday games/contests, but no game/contests over vacation times. As a member of a Bay Shore team your attendance at practice, scrimmages, or a game . Traditionally athletes have Sundays off, however on rare occasions there may be a need for a Sunday practice (HS only). Durinn4(y)311(d)-4(21(o)-59)2(o)-Eri13u-2(o)-6(f)hddo

The Bay Shore School District is proud of the accomplishments of our student-athletes. We have taken great pride in character, behavior and citizenship of the young adults who have worn the maroon and white representing Bay Shore. It is our expectation that every student-athlete and their family should aspire to continue this tradition of excellence.

- Demonstrate self-control and respect for teammates, opposing athletes, officials and spectators at all times.
- Follow the ideals of sportsmanship, ethical conduct and fair play.
- Work to establish positive relations with visiting teams and hosts, while respecting the integrity and judgment of the officials/referee/judges.

It is our expectation that our student-athletes will be leaders in and out of the classroom and athletic arenas. Any behavioral issues will be handled by the Bay Shore

issued by the Athletic Department such as suspension from games and/or the team.

A student-athlete may not use alcohol, tobacco, vaping products or illegal substances of Conduct. In addition, there could be additional consequences issued by the Athletic Department such as suspension from games and/or the team.

Hazing is a form of harassment, it is illegal, and will not be tolerated. Student-athletes found to have .0 .0 .06356(s i)3(l149c.m)1(g)4Th at ain86(n)-1(o) .0621(l)6.9(am)4(o)-4(d)-7(.n)-1

Click on Parent Info

<https://www.bayshoreschools.org/files/filesystem/code%20english.pdf>

Anti-Hazing Policies

Attendance/Tardiness Policy

Code of Conduct

Concussion Management Policy

Eligibility Policy for Extracurricular Activities

Sexual Harassment Policy

The attendance of students, parents and interested members of the community at all athletic events is encouraged.

Spectators in violation of the se expectations will be removed from the contest and may be suspended from attending other school events⁴

Any member of a team removed from a contest for unsportsmanlike conduct or for a flagrant foul will not participate in the next scheduled contest or in NYSPHSAA tournament play. Disqualifications on the last game of a season will carry over into the first game of the next season of participation.

Any member of the team who strikes, shoves, kicks, or makes other physical contact to an official, with the intent to do so, shall be expelled from the game immediately and banned from further participation in all sports for one year from the date of the offense. _____ Members of the team includes coach, player, manager, scorekeepers, timers and statisticians.

A player or coach who has been suspended from play may not be present on the school grounds where the contest is played

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Student-athletes and parents should recognize the risk of injury that may occur during any physical activity. Our staff is prepared to address injury needs and is trained to provide appropriate first aid in an emergency.

Bay Shore School District provides a certified Athletic Trainer at most varsity level home contests. The role of the trainer is to provide emergency medical services for injured and rehabilitating student-athletes. This professional is qualified to develop prevention strategies through appropriate training methods and physical conditioning programs. The Athletic Trainer ensures proper follow-up care after an injury, and consults with the parents, school nurse, coach and the school district physician when such communication is beneficial to the well-being of the student-athlete. It is vital for our student-athletes and/or parents to bring illnesses, medical problems or injuries to the attention of the Athletic Trainer, school nurse and coach as soon as possible.

The Athletic Trainer is responsible for conducting and implementing the Bay Shore School District Concussion Management Policy; Return to Play Protocols

If a student-athlete is out for an extended period of time, they must acquire a specific number of practices before returning to participation in a competition.

- Out 4-5 days = 1 day of practice
- Out 6-11 days = 2 days of practice
- Out 12-17 days = 3 days of practice
- Out 18 or more days = 5 days of practice

Athletic equipment becomes more costly each year. It is the responsibility of the student-athlete to secure all school issued equipment items and uniforms in a during the course of a season. The expense of uniforms and equipment are significant. If the student-athlete loses equipment or uniforms, they

2nd year	Second Year Certificate
3rd year	Third Year Certificate
4th year	Four Year Plaque
5th year	Five Year Plaque
6th year	Engraved Plaque or statue

Provided by the Bay Shore Athletics Sponsors.
 Each coach is responsible for choosing
 _____ Most Valuable Player for their team.

Many of the sports in Suffolk County have organized Coaches Associations that raise funds for various awards, which are presented at County Banquets. Such awards may include Honorable Mention, All-League, All-Conference, All-Division, and All-County Awards.

They are an independent body, governed by their own by-laws and officers. Therefore, these post-season awards are presented by the coaches.

The process is a long and selective one and the student-athlete must be fully prepared for the expectations and demands of participation at the collegiate level. Academic eligibility must be planned for well in advance. Student-athletes need to be aware of the academic requirements for collegiate eligibility when they enter the ninth grade. Communication with guidance counselors is essential, as core course requirements and standards for academic eligibility at the collegiate level must be met.

Student-athletes must have eligibility for practice and competition in their freshman year of college certified by the NCAA Initial-Eligibility Center. Informational brochures/forms have been made available to the Guidance Offices.